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**24-25 Lesson Plan Template Teacher: Westside PE Dept. Subject: Floor Hockey**

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| **Week of:**  **DATE Week 2** | **Monday** | **Tuesday** | **Wed./Thurs.** | **Friday** |
| **TEKS** | 116.64.c.4.a | 116.64.b.5.c  116.64.c.1.a | 116.64.c.2.a  116.64.c.4.a  116.64.c.4.b | 116.64.c.5.d  116.64.c.5.e |
| **Learning Objective** | SWBAT: Learn and understand the basic rules and proper etiquette of the game of floor hockey, while learning sportsmanship in game play. | SWBAT: Students will learn stickhandling ,face-offs and goalkeeping skills. | SWBAT: Students will be able to implement advanced offensive and defensive strategy. | SWBAT: Work together as a team understanding the roles of each position. Support each other offensively and defensively. |
| **Higher Order Thinking Questions** | Creating  - Design a practice session that integrates skill development with game strategy. How would you structure drills to address both technical skills and team coordination? | Develop a game plan for a team facing an opponent with a strong defensive lineup. What strategies would you employ to break through their defense and maximize scoring opportunities? | How would you adjust your team’s strategy if you were down by two goals with only five minutes left in the game? What specific changes would you make to increase your chances of winning? | Apply the principles of effective communication in a team setting. How can you improve on-field communication to enhance team coordination and execution of plays? |
| **Agenda** | Game Situations     - Organize small-sided games or scrimmages to apply skills in a game context.     - Emphasize teamwork, strategy, and applying skills under game conditions. | Warm-Up (10 minutes)\*\*     - Light jogging or dynamic stretches.     - Basic stickhandling drills to get students accustomed to handling the stick | Warm-Up (10 minutes)\*\*     - Light jogging or dynamic stretches. Game Situations     - Organize small-sided games or scrimmages to apply skills in a game context.     - Emphasize teamwork, strategy, and applying skills under game conditions | Warm-Up (10 minutes)\*\*     - Light jogging or dynamic stretches.     -     - Answer any questions from students.     - Recap key points and provide tips for practice outside of class: Game Situations     - Organize small-sided games or scrimmages to apply skills in a game context.     - Emphasize teamwork, strategy, and applying skills under game conditions |
| **Demonstration of Learning** | Rules and Etiquette  Rules:  Sportsmanship:  - \*\*Respect:\*\* Emphasize the importance of respecting opponents, referees, and teammates.  - \*\*Fair Play:\*\* Show how to handle disputes and play fairly.  By incorporating these elements, you can effectively demonstrate a comprehensive understanding of floor hockey, covering both technical skills and strategic knowledge. | \*\*B. Advanced Skills:\*\*  - \*\*Stickhandling:\*\* Show advanced puck control through complex movements and rapid changes in direction.  - \*\*Face-offs:\*\* Demonstrate proper technique for winning face-offs and gaining possession of the puck.  - \*\*Goalkeeping:\*\* Exhibit key goalie skills such as positioning, saving shots, and handling the puck. | \*\*Game Strategy\*\*  - \*\*Set Plays:\*\* Execute set plays or strategies designed to maximize scoring chances.  \*\*B. Defensive Strategy:\*\*  - \*\*Zone Defense:\*\* Demonstrate zone defense techniques, including how to cover areas and prevent offensive players from getting good shots.  - \*\*Man-to-Man Defense:\*\* Show how to match up with individual players and apply pressure.  - \*\*Transition:\*\* Illustrate how to transition from defense to offense quickly and efficiently. | \*\*Teamwork and Communication\*\*  \*\*B. Team Dynamics:\*\*  - \*\*Roles:\*\* Explain the roles of different positions (e.g., forwards, defensemen, and goalie) and how they work together.  - \*\*Support:\*\* Demonstrate how players support each other, both offensively and defensively. |
| **Intervention & Extension** | Advanced Drills\*\*     - \*\*Complex Techniques:\*\* Introduce advanced drills that challenge players’ skills, such as intricate passing patterns or dynamic shooting exercises. | Team Roles:\*\* Assign leadership roles or mentoring tasks to experienced players to guide less experienced teammates. | Strategic Thinking\*\*     - \*\*Game Analysis:\*\* Analyze high-level games or tournaments to understand advanced strategies and tactics. | Performance Challenges\*\*     - \*\*Skill Competitions:\*\* Organize competitions or challenges that push players to excel in specific skills or aspects of the game. |
| **Resources** | \*Books and Manuals\*\*  - \*\*"Floor Hockey: Skills and Drills"\*\* by Steve M. Preston: A comprehensive guide with techniques and practice drills for players of all levels. | \*Online Resources\*\*  - \*\*USA Floorball\*\* (usafloorball.org): Offers resources and links related to floor hockey, including rules, techniques, and training. | - \*\*YouTube\*\*: Search for floor hockey tutorials, drills, and game strategies. Channels often provide visual demonstrations of skills and tactic | Websites\*\*  - \*\*Floor Hockey Nation\*\* (floorhockeynation.com): Provides tips, drills, and articles about floor hockey. |